

FRIDAY NIGHT FACTS

OFFICE OF FAITH-BASED AND COMMUNITY INITIATIVES



MITCHELL E. DANIELS, JR., GOVERNOR
PAULA PARKER-SAWYERS, EXECUTIVE DIRECTOR



National Service makes National Publication

On newsstands tomorrow, the subject of Time magazine's cover story will feature national service in "*A Time To Serve*".

"For most people, service is a part-time commitment, part of every week or year, or even a few years given of one's life. More than 61 million Americans volunteer in some way — caring for family members, helping friends in a pinch, assisting at schools, churches and hospitals, usually close to home. For a smaller number, service is a way of life — a full-time job, a calling. At a time when thousands of young Americans are volunteering in the military, the rest of us are asking with greater urgency what we can and should be doing, not just to help our neighbors but also to serve our country and solve some of the challenges we face here at home." (*Caroline Kennedy, excerpt from Making a Difference at Home, www.Time.com*)

You can also read this article at <http://www.time.com/time/specials/2007/0,28757,1657256,00.html>.



2007-2008 Indiana AmeriCorps*State Grantees

The following organizations will begin the new AmeriCorps*State program year September 1st:

Competitive Awards	Grant Award	Total MSYs	Total Slots
*City of Elkhart	\$140,501.00	14.60	17
*Indiana Juvenile Justice Task Force (Aftercare for IN through Mentoring)	\$231,843.00	24.00	24
*Indiana University (Indiana Campus Compact)	\$274,421.00	28.80	72
Competitive Funding Totals	\$646,765.00	67.40	113
Formula Awards	Grant Award	Total MSYs	Total Slots
*American Red Cross, St. Joseph County Chapter	\$157,837.00	12.60	32
*Boys & Girls Clubs of Indianapolis	\$150,000.00	12.00	24
*Franklin College	\$142,332.00	11.50	55
*Habitat for Humanity of Indiana	\$349,756.00	32.00	44
*Harmony School Corporation	\$162,500.00	13.00	13
*Indiana State Department of Health	\$364,774.00	29.00	29
*Indiana State University	\$155,850.00	12.60	48
*Scott County Partnership	\$131,099.00	10.63	18
*United Way of Porter County	\$125,921.00	10.00	10
Formula Funding Totals	\$1,740,069.00	143.33	273
*GRAND TOTAL IN INDIANA	\$2,386,834.00	210.73	386

MSY = Member Service Year (comparable to full-time equivalent)
Slot = Actual number of member positions available

**2008-2009 Indiana AmeriCorps*State
Funding Opportunity now Available!**
If you are interested in Applying for the Grant,
please go to <http://www.in.gov/ofbci/2414.htm>



Reminder! There are only two more chances to attend a Technical Assistance session for the 2008-2009 AmeriCorps*State Request for Proposals.

Tuesday, September 4, 2007 1:00 – 4:00 P.M. (Eastern Time)
Indiana University - Purdue University Fort Wayne
2101 E. Coliseum Blvd, Walb Student Union Conference Room G08, Ft. Wayne, IN



Wednesday, September 5, 2007 9:00 A.M. – 12:00 P.M. (Central Time)
Ivy Tech Community College - Northwest
1440 E. 35th Avenue, Gary, IN
Business, Science, and Administration Building (aka North Building)
Multi-Purpose Room (C123/C125), located on lower level

To register, please email RFP_Workshop_Registration@ofbci.in.gov. It is mandatory to attend one of the Technical Assistance sessions in order to apply for funding. For more information, please visit the OFBCI website at <http://www.in.gov/ofbci/2362.htm> or email RFP_FAQ@ofbci.in.gov.

Know Anyone Who Wants to Make a Difference in the Community?



The Office of Faith-Based and Community Initiatives is accepting applications for various positions within the office, beginning in November 2007. Application deadline is September 21, 2007. Through the **AmeriCorps*VISTA** program (Volunteers in Service to America), individuals make a one year, full-time commitment to create and expand programs that address issues related to poverty. If you or someone you know is looking to give back to the community through service, please visit <https://recruit.cns.gov/> to view position descriptions or to apply for one of our positions. Click on "Find A Program," then select "Indiana" and enter "OFBCI" as the keyword to learn more about the exciting, enriching opportunities available! For more information, please contact Erin Wright, Director of Programs, at erwright@ofbci.in.gov or 317-233-0901.

AmeriCorps. Getting Things Done.



For the past several months, the OFBCI has been partnering with other state and federal agencies to develop SHARE Network Indiana. SHARE, an acronym for Showing How Awareness of Resources Empowers has been created to help Hoosiers locate resources to assist in finding a job, keeping a job, or obtaining a better job.

SHARE Network Indiana has two key components. The first, a free, online resource directory of services is available at www.SHAREnetwork.in.gov and may be accessed through any internet computer. The directory includes traditional government services, and programs offered by congregations, community organizations and other local groups. There is no charge to use or to be listed in the directory.

We realize that not everyone has access to the internet, and many people would like some personal assistance. To address these needs, SHARE Network Access Points are being placed in local faith and community organizations around the state. SNAPs offer trained volunteers and computer access to assist Hoosiers in using SHARE Network Indiana in a convenient setting.

You are invited to register your organization with the SHARE Network Resource Directory. If you offer job training, tutoring, basic needs assistance, or other services that will support an individual who is employed or looking for employment, you are encouraged to register at www.SHAREnetwork.in.gov, (click on **Become a SHARE Network Member**). Even if these services are only offered once or twice a week, there are people who need to know that they are available.



Medicare Made Clear

Individuals who are eligible or already enrolled in Medicare can enroll in or make changes to their Medicare insurance plans every fall. With so many options, many people have questions. If you would like to have a free, fun and interactive presentation about Medicare held at your place of worship, please contact Katherine Coble at (317) 631-6400 or katherine.coble@borshoff.biz. They are scheduling presentations for the month of September, so book yours today. This is a free educational service.

Study Released on the Interests and Needs of Community-Based and Faith-Based Youth Workers

The National Collaboration for Youth and Search Institute in partnership with American Camp Association has recently released a study titled, "Is There Common Ground: An Exploratory Study of the Interests and Needs of Community-Based and Faith-Based Youth Worker." The study examined the core competencies of youth workers in both sectors as well as their interests in and concerns about working together. This report provides insights regarding priorities, professional development needs, perspectives on collaboration as well as recommendations for next steps in building common ground. To download the report, visit <http://www.nydic.org/nydic/staffing/workforce/istherecommonground.html>



Big Brothers Big Sisters of America releases Nationwide School-Based Mentoring Study

The country's first large-scale, national, random assignment evaluation of school-based mentoring, the study followed more than 1,100 children over 15 months at ten Big Brothers Big Sisters locations. The study found that those mentored demonstrated eight positive academic outcomes in the first year as a result of the mentoring match. These include overall academic performance, performance in science, written and oral language, quality and number of assignments turned in, lower serious school infractions, scholastic efficacy, and reduced skipping of school. To read the full report, visit http://www.bbbs.org/site/c.djKKYPLJvH/b.3054251/k.4539/Nationwide_SchoolBased_Mentoring_Study_Issued.htm



Health by Design is a coalition that was formed last year by the Marion County Health Department along with community partners to address the built environment and public health. Their vision is to create a built environment that fosters healthy living in Central Indiana. The coalition is hosting a one-day conference, **Physical Activity and the Built Environment: What Works?** on **September 10th**, 8 AM-5 PM, at the Radisson Hotel City Centre, 31 W. Ohio Street in Indianapolis. This

conference will highlight strategies and examples of how to increase the public's ability to walk, bike, and use transit on a more regular basis. For more information or to register for this conference call 317-221-2104

Girl Power is an event just for girls! This event is designed to help girls ages 7-14 learn how to be healthy, strong, confident and aware with hands-on activities, informative speakers, a Fitness Zone, positive image fashion show and more. You can even karaoke with Radio Disney or get your picture taken in a dream car! Many inspiring women will be in attendance including the event's honorary chairperson, first lady of Indiana Cheri Daniels, Angela Buchman from WISH-TV, Indy race car driver Sarah Fisher, and Olympic gold medal gymnast

Dominique Dawes. Mark your calendars for Saturday, **September 29th**, from 9:30 AM to 2:30 PM, and join others at Our Land Pavilion in the Indiana State Fairgrounds. This event costs only \$4 to attend.



Training Opportunities

Engaging Younger Donors

September 5 11:45am-1pm

Topic: Resource Development

Sponsored by: Small Shop Development Guide

Contact: Andrea Pactor (apactor@iupui.edu)

Location: American Red Cross, 1st floor, 441 E. 10th St. Indianapolis, IN

Fee: None

Nonprofit Organizations: A Legal Update

September 6 1:30pm-3:45pm

Topic: Legal Matters

Sponsored by: Center for Community Partnerships

Contact: Registration – (317)738-8094

Location: Franklin College, 101 Branigin Blvd. Franklin, IN

Fee: \$20

The Essential Grant Proposal Blueprint: The Framework for your Grantseeking Success

September 10 9am-12pm

Topic: Grant-Writing

Sponsored by: Just Grants! Indiana

Contact: Arvetta L. Jideonwo (arvetta@amhinc.net)

Location: English Foundation Building, 615 North Alabama St. Indianapolis, IN

Fee: \$70 (\$125 together with “Getting Funders to YES”)

For more information: http://www.grantsin.com/index.cfm?fuseaction=workshops.display&workshop_ID=305

Getting Funders to YES: What Grantmakers Want Every Grantseeker to Know

September 10 1pm-4pm

Topic: Grant-Writing

Sponsored by: Just Grants! Indiana

Contact: Arvetta L. Jideonwo (arvetta@amhinc.net)

Location: English Foundation Building, 615 North Alabama St. Indianapolis, IN

Fee: \$70 (\$125 together with “Essential Grant Proposal Blueprint”)

For more information: http://www.grantsin.com/index.cfm?fuseaction=workshops.display&workshop_ID=306

What Makes a Healthy Organization?

September 11 8am-9:30am

Topic: Organizational Maintenance

Sponsored by: Peace Learning Center

Contact: Nancy Ruschman (317)327-7144, nruschman@peacelearningcenter.org

Location: Peace Learning Center, 6040 DeLong Rd. Indianapolis, IN

Fee: \$5 (includes breakfast)

For more information: <http://www.peacelearningcenter.org/detailview.asp?ID=6010>

The University of Indianapolis Center for Aging & Community (CAC), working as an agent of the Indiana Family and Social Services Administration Division of Aging, releases this Request for Application for organizations seeking funding to develop "Neighborhood Naturally Occurring Retirement Communities" (NNORCs). This program is called **Communities for Life**. The full RFA and accompanying application are available at http://cac.uindy.edu/news_communitiesforlife.php.

CAC will award funding and technical assistance to five applicants from eligible not-for-profit (501c3) organizations to conduct a needs assessment and develop a program plan and evaluation for supportive service programs in geographically defined neighborhoods throughout the state of Indiana. Both rural and urban neighborhoods will be awarded funding representing diverse geographical areas. Applicants will be accepted based on their commitment and ability to build capacity, partake in a community needs assessment, coordinate and identify gaps in existing services, and help aging residents maintain their independence, improve their quality of life, and successfully age in place. Each grant will be for \$75,000 in direct funds with an additional \$65,000 provided in technical assistance.

CFL Conference Call Questions & Answers Available for Review on CAC website

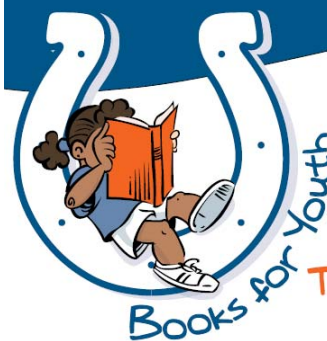
Questions and answers from the August 22, 2007 Communities for Life conference call are currently available at http://cac.uindy.edu/news_communitiesforlife.php

Application Deadline

Applications are due to CAC by 5:00pm on September 15, 2007. Only mailed or hand delivered applications will be accepted. Successful applicants will be notified in writing by October 1, 2007 with funding available by October 15, 2007.

For more information, please contact University of Indianapolis Center for Aging & Community, 901 S. Shelby Street, Indianapolis, IN 46203, (317) 791-5930, email: www.CAC.uindy.edu

A Smart Hand-off at the Colts Kick-off!



Help Put Books
Into the Hands of
Our Foster Youth
& Young Adults

Thursday, Sept. 6, 2007

Please bring your
new and gently used books to
the Centerplate Colts Care Stations
outside of each of the RCA Dome gates.
6:30-8:30 pm prior to kick-off!

Call **317-234-KIDS**
or visit the website www.in.gov/des



Mitchell E. Daniels, Jr., Governor
James W. Payne, Director

Sponsored by the Indianapolis COLTS and the Indiana Department of Child Services

September means the summer days of backyard baseball, swimming and family bike rides are just a memory. Instead of running and playing outside, many Hoosier kids have to make due with 75 to 100 minutes in gym class a week – the Indiana Department of Education recommended minimum time for physical education.

That's far less than the recommended 30 minutes of activity a day. But healthy habits don't need to end when your kids hit the books. Learning can be fun – and you can make it good for your body as well as your mind. FitCity has a few ways for you and your students to incorporate fitness into your homework routine.

- ✦ **Word Challenge:** Get familiar with healthy words by creating your own word challenge or spelling bee contest.
- ✦ **Culture Cooking:** Research a different culture and learn about the foods they eat. Cook a healthy meal from the different cultures you study.
- ✦ **Math Baseball:** Instead of using flash cards to study, use the bases to answer math review questions. For every right answer you get to move to the next base; for every wrong answer you strike out and start over. Hit a homerun by answering a question from the next chapter!
- ✦ **Carrot Stick Brainteaser:** Students can play with their food at snack time by using carrot sticks to create brainteaser puzzles. Test math and geometry skills by arranging the sticks into nine equal sides, then removing three sticks to change the pattern.
- ✦ **Map Mania:** Grab a map, chart your course, and walk, run or bike ride through the streets. Incorporate geography and history lessons by learning about the different cities and places you visit. Make it a math lesson by counting your steps along the way, and converting them to miles. (2,000 steps = 1 mile)
- ✦ **Jump to the Answer:** Name the Presidents of the United States (or the 50 states or the lines of a poem) while doing jumping jacks or skipping rope.

You get the idea. You can find ways to incorporate fitness into learning no matter what grade your child is in and no matter what subject they are studying.

After a long day at school and studying, feed your hungry student a yummy favorite. Try this healthy version of Sloppy Joes.

Healthy Sloppy Joes **Ingredients**

- 12 ounces 90%-lean ground beef
- 1 large onion, finely diced
- 2 cups finely chopped mushrooms (about 4 ounces)
- 5 plum tomatoes, diced
- 2 tablespoons all-purpose flour
- 1/2 cup water
- 1/4 cup cider vinegar
- 1/4 cup chili sauce
- 1/4 cup ketchup
- 8 whole-wheat hamburger buns, toasted if desired



Nutrition information (per serving): 237 calories, 6 g fat, 34 g carbohydrate, 15 mg cholesterol, 34 g carbohydrate, 14 g protein, 5 g fiber.

Directions:

1. Crumble beef into a large nonstick skillet; cook over medium heat until it starts to sizzle, about 1 minute. Add onion and mushrooms and cook, stirring occasionally, breaking up the meat with a wooden spoon, until the vegetables are soft and the moisture has evaporated, 8 to 10 minutes.
2. Add tomatoes and flour; stir to combine. Stir in water, vinegar, chili sauce and ketchup and bring to a simmer, stirring often. Reduce heat to a low simmer and cook, stirring occasionally, until the sauce is thickened and the onion is very tender, 8 to 10 minutes.
3. Serve warm on buns.

FitCity encourages you to get up, get moving and incorporate healthy living into your life. FitCity is designed to educate and motivate local residents to make a healthy move and shake Indiana's title of the "tenth fattest state in the nation." To find fitness, nutrition or wellness resources around Indianapolis, local residents can call 2-1-1 or log onto www.INShape.IN.gov or www.fitcity.info.